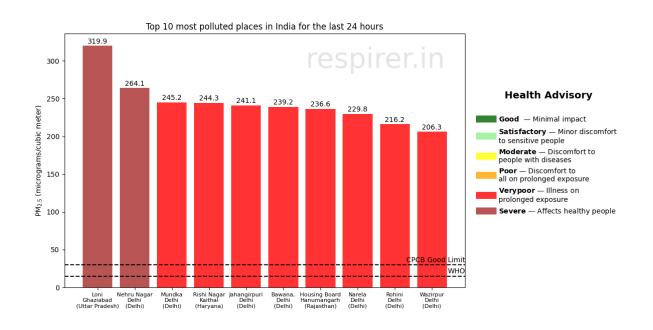


## Respirer Reports' analysis of air quality as of 29.10.2023

Air pollution levels in at least two locations are now 'severe'. These are Loni in Ghaziabad, bordering east Delhi, where the PM 2.5 level in the past 24 hours averaged 319.9 micrograms/cubic metre; Nehru Nagar in south Delhi, where it averaged 264.1. WHO's 'safe' limit guideline is 15 micrograms for a 24-hour period and the CPCB's 'good' limit is 30.

Headline takeaways from the **10 most polluted places in India** in the last 24 hours:

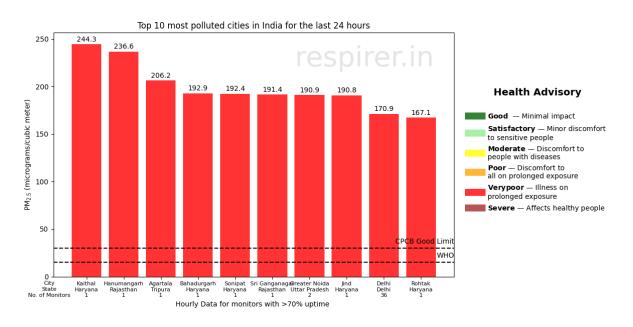
- PM 2.5 levels have risen sharply for the second day, nearing 'severe' levels in Haryana and Rajasthan cities.
- The most polluted place in India in the past 24 hours was Kaithal in Haryana, just north of the capital, and Hanumangarh, Rajasthan, over 300 kms west of Delhi.



Headline takeaways from the 10 most polluted cities in India in the last 24 hours:

- In Delhi itself, PM 2.5 rose by 10 per cent to 170.9 micrograms/cubic metres, up from 154 a day earlier.
- All the top 10 cities had PM 2.5 levels in the 'very poor' category.
- The health advisory put out by authorities for the 'very poor' category is 'illness on prolonged exposure.'





## Headline takeaways from the **10 least polluted cities in India** in the last 24 hours:

- The North-East's states top the list of the least polluted cities, with Silchar, Assam, recording PM 2.5 at just 6 micrograms/cubic metre.
- Chennai is the only metro city with a PM 2.5 level of 16.1 micrograms, well under the Central Pollution Control Board's 'good' limit.

